

HOOSIER UPLANDS

EMPLOYEE NEWSLETTER



Mission Statement

The mission of Hoosier Uplands, is to plan, implement or cause to be implemented, and provide comprehensive services to the poor, elderly, and disabled. The corporation strives to alleviate poverty, improve living conditions, and provide access to health care and social services to those families and individuals in need within our service area. All endeavors are pursued with the client in mind, never forgetting the value of every human being or the importance of our responsibility to the public which we serve.

Lost River Market and Deli is providing some Head Start/Early Head Start families with food bags this summer filled with various fruits and vegetables and a recipe to use the goodies! One of our families made the recipe using fresh blueberries and here are the boys enjoying the treat. (Thank You, Strategic Development Dept. for helping make the connection for HS/EHS and Lost River!)



QUIT FOR LIFE

Quit Now Indiana is ready to help you quit. This is a free service for people like you who want to break their tobacco addiction.

What's great about Quit Now Indiana is you can quit at your own pace with professional support.

You can quit for life! Challenge yourself to go tobacco-free for 30 days. Scan here or call 1.800.Quit.Now to get started.



NO LECTURES. NO PRESSURE. NO JUDGMENTS.
JUST FREE HELP.
[QuitNowIndiana.com](https://www.QuitNowIndiana.com)

**QUIT
now**
INDIANA
1.800.Quit.Now



Mobile lung screening is now available in your community.

If you currently smoke or have quit in the last 15 years you may be eligible.

Lung screening is covered by insurance including Medicare and Medicaid if you meet the eligibility requirements listed below.

Lung cancer screening is easy and could save your life. The scan requires no needles, no special diet or change of clothes. Lung cancer is the leading cause of cancer-related deaths for all Hoosiers and typically does not cause any symptoms in the early stages.

Monday, August 11

10 am - 3pm

French Lick Museum

469 S Maple St

French Lick IN 47432

- Lung screening eligibility requirements (must meet both):
- Between the ages of 50 – 77 AND
- 20 pack/years of smoking history

Appointment required

Contact the mobile lung screening team

T 317.962.LUNG (5864) email: lungscreening@iuhealth.org



Indiana University Health

iuhealth.org/lungscreening

HOOSIER UPLANDS

21ST CENTURY AFTERSCHOOL PROGRAM

Enrollment packets are available in your school office or you can call Hoosier Uplands and ask for Carrie Ritchison or Stephanie Stinson

Funded by 21st Century Community Learning Centers through IDOE.

ACADEMIC BASED PROGRAMMING

- Snack Time (3-3:30)
- Homework Time (3:30-4)
- STEM and or Literacy Time (4-4:45)
- Free time (4:45-5:45)



812-849-4447

critchison@hoosieruplands.org
sstinson@hoosieruplands.org

Spots fill fast

FREE TO ALL SITES

**Open
Enrollment
for the
'25-'26
School Year!**

Sites Served

Mitchell
Orleans
Shoals

West Washington
Springs Valley
Paoli

NEW!



Transition Home for Emergency Foster Care

Since opening for operation in 2022 Agape has been able to **serve nearly 250 children**. In the fall of 2024, we were able to purchase our forever home. Through generous donations and fundraisers, we were able to pay \$80,000 on the new house and are borrowing the rest. We are asking for the support of the communities we serve to help us pay off the remaining amount owed, make needed updates to the home, and/or volunteer to provide services .

Agape Kids House is a non-profit organization that provides emergency transition for children entering foster care. Serving Lawrence, Orange, and Monroe counties Agape also provides supplies and resources for foster and kinship families.



PayPal Donation

(Lawrence County Foster Group)



Amazon Wishlist



Volunteer Application



Follow us on Facebook for updates and information at:
Agape Kids House of Lawrence County



HOOSIER UPLANDS CAN HELP YOUR CHILD SLEEP SAFE!

WE OFFER PACK N PLAYS AND SAFE SLEEP
TRAINING FOR THOSE IN NEED! CALL US
AT 812-849-4447 AND ASK FOR WHITLEY
CLEMENTS!

*We can help keep
your child safe!*

**HOOSIER UPLANDS OFFERS FREE CAR SEATS,
AND FREE CAR SEAT CHECKS FOR THOSE IN
NEED.**

**CALL OUR OFFICE AT 812-849-4447 AND ASK
TO SPEAK WITH WHITLEY CLEMENTS!**

**Car seats offered include convertible, combination,
high back booster and booster seats!**



PRAYER REQUESTS

None at this time